



**BULLETIN # 10**

**April 16, 2010**

*Festival Workshop Choices*

- 
- FAQs
- 
- Footloose



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**Festival Workshop Choices**

Heather Peachey thanks you for your replies about workshop choices. We have the results! The top four choices for workshops that will be offered are... the envelope please...

- Know Your Team*
- Laughter is The Best Medicine*
- Fueling the Dragon Boater*
- Land Exercising*

The workshops will be held on Friday, June 11, from 9:00 am to 12:00 pm at the Holiday Inn, located right next to Del Cray Park (the festival venue). Due to time and space limitations, no more than two members per team will be able to attend each workshop, with the exception of the Land Exercising workshop. This workshop will operate as a “drop-in” at Del Cray Park and will accommodate up to 50 participants for every 20-minute session on a first come first exercised basis.

As we work out all the logistics for the workshops, we will keep you informed on any updates. Also, a reminder that the IBCPC program will take place simultaneously with the workshops (see Bulletin # 9 for details).

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**Frequently Asked Questions**

We’ve been receiving many questions about the races, transportation and amenities during the festival. Here are our answers to some of those questions:

*How long is the race course?*

It will be long enough! Actually, it will be 500 metres in length.

*What is the water like to race on?*

The course is on a calm, fresh water lake, which is usually easy to paddle on.

*How many races will we have per day?*

The plan is to have two races on each race day, Saturday and Sunday. On Sunday, there is an additional international race, The Sandy Smith Global Race, followed by the flower ceremony.



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### ***How will team members be chosen for The Sandy Smith Global Race?***

This was addressed in Bulletin # 9. Canadian teams select one person from each of their crews and the other teams select two per crew. How teams make this selection is entirely up to each team.

### ***What type of dragon boat is the Festival using for the races?***

The Festival is renting equipment from Great White North (GWN), a Canadian company who has been in the business of running dragon boat festivals across North America for several years. The boats are made in Germany and are called BUK boats. They are 250 kg in weight (others are heavier, up to 400 kg) and have plenty of legroom with footrests and comfortable seating. (See [www.dragonglobe.com/dragon-boats/buk-dragonboats](http://www.dragonglobe.com/dragon-boats/buk-dragonboats))

### ***What type of paddle is being provided?***

The Festival is providing composite paddles.

### ***Do we have to wear lifejackets (PFDs)?***

Yes, all crew members including the steer and drummer must wear a PFD. Members may wear the one provided by the Festival or can choose to wear their own.

### ***What about drumming rules?***

#### ***Does the drummer have to use the drum?***

The drummer will sit on the drummer's seat and once the boat has cleared the starting area (about 50 metres from the start line) the drummer must actively beat the drum throughout the race. This means that the drum must be clearly seen to be struck with the drum stick on the drum skin (top or side) at short, regular intervals.

### ***What free transportation is the Festival providing?***

The Festival is providing free transportation to shuttle teams from official recommended accommodation sites to all official Festival events and scheduled activities. This includes: to and from practices; to and from downtown parade/barbeque/opening & closing ceremonies; to and from the races; to the gala dinner at Evinrude Centre, from the gala to the dance at the Memorial Centre and back to the officially recommended accommodations.

### ***What constitutes an "officially recommended accommodation"? Is there a list of these places so I will know if I will have access to Festival transportation?***

Those who booked their accommodations through Carolyn Condon-Burns, the Festival Chair of Accommodations, will be provided with free transportation between hotel/motel and the Festival venues.



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### ***Will there be grocery stores close to our hotel if the team wants to keep its costs down?***

Some hotels are quite close to grocery stores and within walking distance. Also, there are city bus stops close to most hotels and motels. Most accommodations can provide information about distances to grocery stores and other amenities.

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### **Footloose**

Here is an update on what we have planned for the Saturday evening gala.

If you have been to a “progressive” dinner then you’ll be familiar with the similar concept for the gala evening. Dinner will take place at the Evinrude Centre and then we will progress by bus to the Memorial Centre (a few minutes away) to get “footloose”.



*Footloose* is the name of the live band who will get us partying by performing a variety of hit music from the 60’s to present day. This well known local band also does impersonations of musicians such as Tina Turner and Roy Orbison. *Footloose* will play your favourite dance music and in between sets will supply DJ dance music.

So pack your dancing shoes and be ready to get “footloose” on Saturday night!

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### **Note: Correction to Bulletin 8**

*Sorry we made a mistake! In Bulletin #8, in our efforts to save you money, we said “And here’s the good news – save your receipts so you can get reimbursed for the taxes you paid when you get to the airport to leave Canada.” Well, that used to be true, but not anymore. Apparently this rebate was repealed a few years ago. But don’t let that stop you from doing lots of shopping!*